

Dear families, welcome to our summer term HPL Hub newsletter. At KEVI HWGA, staff and students have been working hard to continue implementing the HPL philosophy not only in lessons but in our everyday life at the academy. We hope you enjoy the series of articles which were mostly written by our HPL Student Drive Team.

HPL in Action

On the March 15th 2023 our school had visitors from the 'Talk The Talk' organisation who came in and taught the year eights of our school during a strike day. They delivered a fantastic workshop on communication and public speaking skills. The organisation's team of trained facilitators engaged with the students using their unique teaching methodology, linked to the our ACPs and VAAs. The workshop was designed to help students build their confidence and improve their writing and speaking abilities.

During the workshop, students were given the opportunity to participate in a range of activities that helped them develop their communication skills. They were encouraged to deliver presentations in front of their peers, receive feedback from their classmates, and practice their public speaking skill.

The Talk the Talk facilitators also provided students with tips and tricks on how to structure their speeches and engage with their audience.

The visit from Talk the Talk was a great success, with students reporting feeling more confident in their ability to communicate and being much better at getting the message across to a wider audience using their imagination while insuring that their ideas were fully original and truly their own.

By Zainab and Raveena



WHAT MAKES A GOOD SPEAKER?

STRONG OPENING

MESSAGE

DEFINITE ENDING

VISUAL
Eye Contact
Facial Expression
Posture
Hand Gestures
Movement
Body Language
Appearance

VOCAL
Clarity
Pitch
Pace
Pause
Projection
Emphasis
Tone

VERBAL
Stories
Facts/Statistics
Quotations
Jokes
Rhetoric
Imagery

STAND
With Confidence

STRIDE
With Purpose

SMILE
To Engage

SPEAK
Up Now

STAY
For Applause

POSITION	What you think
EXPLAIN	Why you think it
EXAMPLE	Story/Evidence
EXPAND	Counter-argument
POINT	Restate position

Talk The Talk
CONFIDENT COMMUNICATION FOR LIFE
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What the ACPs and VAAs Mean to Me?

Before I start I just want to say that I think the ACPs and VAAs really help to complete tasks, thinking activities and my contribution to the HWGA community.

I hear these values a lot in my PSHE lessons with Miss Robins. I know this as we always discuss them before we start our lesson and how they are linked to our lessons which helps us and can be really fun as this is the time where we can actually have the time to discuss what our school expectations are.

Like I have said I know these values are important because they can also make us think about how we learn and become confident and shining individuals ready for the future. I also think they are important because I feel they help ignite a spark of energy and confidence. Another reason is because it can help improve our character which is a really big reason - preparing us for the wider world!

In my lesson of PSHE, the way we link to our ACPs and VAAs is, before we start our lesson we discuss and think about which values we will be linking in this lesson. For example, if we are talking about Healthy and Unhealthy Relationships the values that might link to this lesson would be Big Picture thinking, Collaborative and Open Minded. Then we would also talk about things in the lesson and how the things in lesson are also linked.

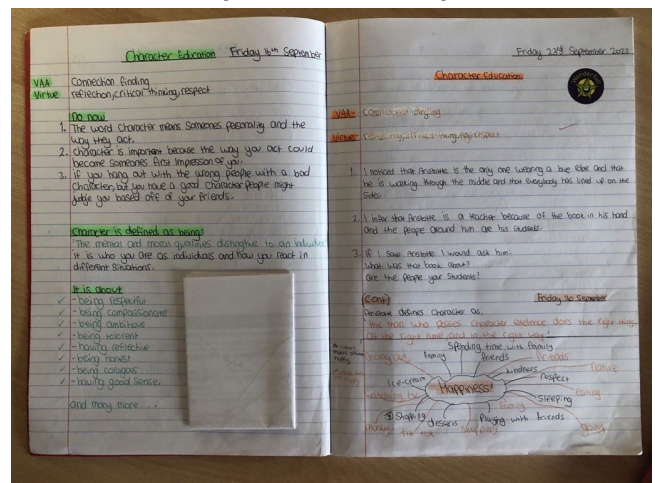
Another example is: What values might be demonstrated in a Healthy Relationship? We would then write down our reasons and this is a really good way on how we can discuss our different and similar viewpoints across the class.

The activities we do whenever discussing the ACPs and VAAs is looking at similarities and differences, thinking how they link, how we can demonstrate them in our task that have been set for us, looking at why they are important, setting goals to say 'today I'm going to demonstrate originality (learning/developing skills for something new)'. Most of the activities would be done usually by worksheets or various types of tasks we can work on.

For the ACPs I focus on, precision (ability to work efficiently within class rules), strategy planning, critical and logical thinking and fluent thinking. The VAAs would be, concern for society, collaborative, open minded, perseverance (which I believe I have been and still trying to demonstrate recently not just school reason but outside too) and practice (the most efficient and compulsory one).

I know these skills can help improve yourself and are good to set us up for the future. I think that it's good and best to try to practice them (which is also one of our VAAs). A bright future is always the way to act and think. Staying positive is key.

By Aisha Dhansey



HPL and Our March Personal Development Day

In two classes, French and geography HPL is discussed and referred to a lot. These subjects alongside many other consistently exhibit HPL both before and during classes, making sure to weave them throughout. In addition, they take care to award us based on the ACPS we demonstrate, in meeting predetermined goals.

In my opinion, ACPS and VAAS are crucial components of our academic lives and will undoubtedly play a significant role in our professional lives for both our future selves and for ourselves in later years, when we solve difficulties by taking a broader view of the situation. The subject of VAAs centres on extracurricular activities that are enriching not only your morale but also your social and character skills.

Focusing on the important features of the lesson, which underline its priority and help us learn more quickly, is the ideal way to practise HPL in a regular classroom setting. We use the ACPs to have a clear plan for what we are trying to accomplish in the session, which in turn aids in our understanding.

In our March PD day the philosophy of HPL was showcased through the actions of our students, how they responded to visitors and enabled students to showcase some great skills focusing on how we think and behave. There is a snapshot of the day in pictures on the following page...

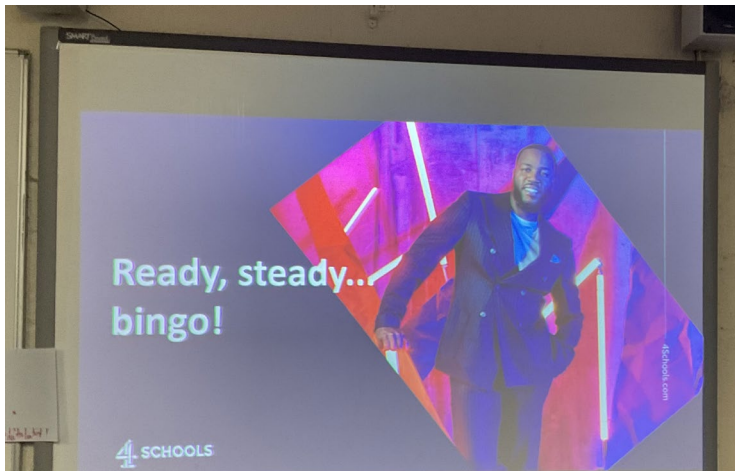
By Aaliya, Yan-Yi and Layla

Advanced Cognitive Performance Characteristics

META-COGNITION The ability to understand a task, plan, monitor, and evaluate one's performance.	CONNECTION The ability to connect ideas and concepts.	CRITICAL OR LOGICAL THINKING The ability to analyse and evaluate information.	FLUENT THINKING The ability to generate ideas quickly and fluently.
SELF REGULATION The ability to manage one's emotions and behaviour.	BIG PICTURE THINKING The ability to see the overall picture and understand the context.	PRECISION The ability to be accurate and detailed.	ORIGINALITY The ability to think creatively and come up with new ideas.
STRATEGY PLANNING The ability to plan and execute a strategy.	ABSTRACTION The ability to think about concepts and ideas that are not directly related to the physical world.	COMPLEX AND MULTI-STEP PROBLEM SOLVING The ability to solve complex problems that require multiple steps.	EVOLUTIONARY AND REVOLUTIONARY THINKING The ability to think about how things have changed over time and how they might change in the future.
INTELLECTUAL CONFIDENCE The ability to believe in one's own abilities and to take risks.	IMAGINATION The ability to create mental images and scenarios.	INTELLECTUAL PERSISTENCE The ability to keep trying and not give up when faced with a challenge.	INNOVATIVITY The ability to come up with new and original ideas.
GENERALIZATION The ability to apply knowledge from one situation to another.	SEEKING ALTERNATIVE PERSPECTIVES The ability to look at things from different points of view.	FLEXIBLE THINKING The ability to change one's approach when it is not working.	SPEED AND ACCURACY The ability to think quickly and accurately.

Values, Attitudes and Attributes

COLLABORATIVE The ability to work with others to achieve a common goal.	ENQUIRING The ability to ask questions and seek to understand things.	OPEN MINDED The ability to be open to new ideas and perspectives.	PRACTICE The ability to keep trying and not give up when faced with a challenge.
CONCERNED FOR SOCIETY The ability to care about others and the community.	CREATIVE AND IMAGINATIVE The ability to think of new and original ideas.	PERSEVERANCE The ability to keep trying and not give up when faced with a challenge.	RESILIENCE The ability to bounce back from setbacks and challenges.



People Bingo

Ursula Edzi

Ask someone to write down 3 words to describe you below:

1 funny
2 kind
3 caring

Find someone who has a member of their family or friend who does a job that involves talking to lots of people. Write what the job is here:

Teacher, nurse, hotel baby, chef, pharmacist, therapist

Find someone who can draw a picture of you in this box with their eyes closed.

Exchange dance moves with someone and then put them together to create a new one that is a combination of the two.

Be ready to demonstrate your creation at the end of the game.

India is hot and windy and really amazing.



4 SCHOOLS

Mostly orange - You're a pioneer!

Like Jack, these adventurous engineers are beyond their usual curiosity to lead their field, working on new discoveries to create an exciting future.

What role might you find a 'pioneer' doing?

- Making sure we get on our holidays safely and making even space flight possible - **Aerospace engineer**
- Building new links between our towns and cities and helping us travel smarter - **Transport engineer**
- Planning and carrying out experiments and investigations to increase scientific knowledge - **Research scientist**
- Keeping the lights on and technology connected across the rail network - **Rail engineering technician**

Mostly pink - You're a designer!

Did you know that you could use your creativity and technical skills as an engineer to work on exciting new technologies and products?

What role might you find a 'designer' doing?

- Selecting the best materials for the right purpose - **Textile technologist**
- Bringing a computer game idea to life - **Games designer**
- Using algorithms to build and test AI models - **Artificial intelligence engineer**
- Specialising in sounds and vibrations everywhere from oil rigs to roads to music festivals - **Acoustic engineer**

Mostly purple - You're a maker!

Do you often find you can't sit still? These engineers are busy with hands-on tasks, problem solving no matter whether their workplace is on land or in the middle of the sea!

What role might you find a 'maker' doing?

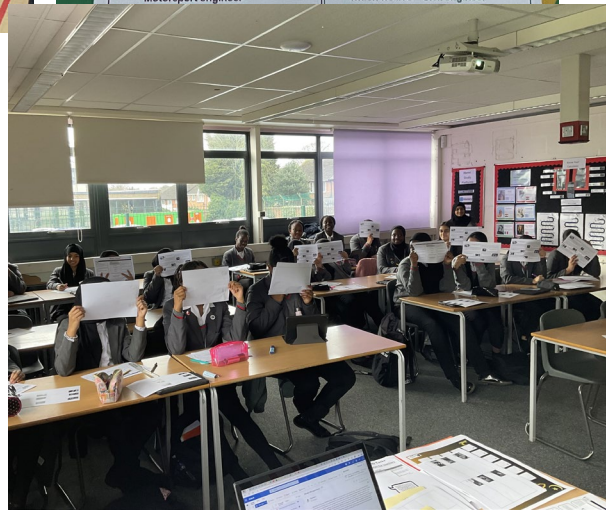
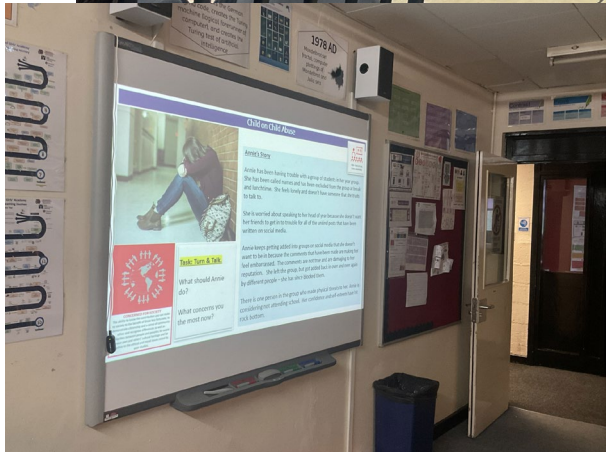
- Researching, designing and developing vehicles - **Automotive engineer**
- Dealing with anything that moves, from machine parts to human bodies - **Mechanical engineer**
- Using practical technology to improve the devices and systems we use every day - **Electronics engineer**
- Getting in on the action to design, build and test racing cars and bikes - **Motor sport engineer**

Mostly green - You're a humanitarian!

Like these engineers, you are on a mission to tackle big social, cultural and health issues. You could have the opportunity to support projects abroad and improve lives with your work.

What role might you find a 'humanitarian' doing?

- Bringing the right things to the right places at the right time to save lives - **Disaster relief engineer**
- Designing solutions that improve human health and health care - **Biomedical engineer**
- Finding new ways to capture energy to produce electricity in developing nations - **Energy engineer**
- Creating, improving and protecting the structures and environment in which we live - **Civil engineer**



Advanced Cognitive Performance Characteristics

META-COGNITION
The ability to think about your own thinking and to use different strategies to solve a problem.

CONNECTION
The ability to see relationships between different concepts and to apply them in new situations.

CRITICAL OR LOGICAL THINKING
The ability to use logical reasoning to solve a problem.

FLUENT THINKING
The ability to solve a problem quickly and accurately.

SEE REGULATION
The ability to control your own learning and to seek help when needed.

BIG PICTURE THINKING
The ability to see the overall picture and to understand how different parts fit together.

PRECISION
The ability to be accurate and to pay attention to detail.

ORIGINALITY
The ability to think of new and creative ideas.

STRATEGY PLANNING
The ability to plan and to use different strategies to solve a problem.

ABSTRACTION
The ability to think about abstract concepts and to use them to solve a problem.

COMPLEX AND MULTI-STEP THINKING
The ability to solve a problem that involves many steps and to keep track of what has been done.

EVOLUTIONARY AND REVOLUTIONARY THINKING
The ability to think about how things have changed over time and to predict how they might change in the future.

INTELLECTUAL CONFIDENCE
The ability to believe in your own abilities and to take risks when solving a problem.

INTELLECTUAL PERSISTENCE
The ability to keep trying to solve a problem even when it is difficult and to not give up easily.

INNOVATION
The ability to use your ideas to create something new and to improve existing things.

INDEPENDENT AND COLLABORATIVE THINKING
The ability to work on your own and to work with others to solve a problem.

GENERALIZATION
The ability to use what you have learned in one situation to solve a problem in a different situation.

SEEKING ALTERNATIVE PERSPECTIVES
The ability to look at a problem from different angles and to consider different ways of solving it.

FLEXIBLE THINKING
The ability to change your approach when one way of solving a problem does not work.

EVOLUTIONARY AND REVOLUTIONARY THINKING
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FLEXIBLE THINKING
The ability to change your approach when one way of solving a problem does not work.

SPEED AND ACCURACY
The ability to solve a problem quickly and accurately.

Values, Attitudes and Attributes

COLLABORATIVE
The ability to work with others to solve a problem and to share ideas and resources.

ENQUIRING
The ability to ask questions and to seek out new information to solve a problem.

CONCERNED FOR SOCIETY
The ability to think about the needs of others and to act in a way that benefits the community.

CREATIVE AND ENTREPRENEURIAL
The ability to think of new ideas and to turn them into a plan of action.

CONFIDENT
The ability to believe in your own abilities and to take risks when solving a problem.

PRACTICE
The ability to keep trying to solve a problem even when it is difficult and to not give up easily.

PERSISTENCE
The ability to keep trying to solve a problem even when it is difficult and to not give up easily.

RISK-TAKING
The ability to take risks when solving a problem and to learn from your mistakes.

RESILIENCE
The ability to bounce back from setbacks and to keep trying to solve a problem.