



KEVI HWGA Curriculum Map

GIRLS	KEVI HWGA Curriculum IVIap						
Cur	riculum Purp	ose:					
	Beyond KEVI HWGA:	PE can lead to further education through Sport courses usually by way of University degrees in the preferred area of study. The Sport Industry boasts a diverse range of career options, some of these include Teaching & Coaching, Sports Development & Management, Media & Marketing, Health & Fitness, Science and Sports Law.					
Context	KS5	KS5 students taking the Sport enrichment programme will be receiving regular, healthful physical activity and will be taking part in competitive team and individual sports. The aim is to promote Sport within the academy through structured skill development and match play. KS5 will recap on techniques previously used but to a more advanced level and they will be introduced to new sports. Students will not need any entry requirements as the programme is open to everyone to promote healthy, active lifestyles for all.					
	KS4	KS4 students will learn about the new and contemporary topics in Sport and develop a well-rounded skill set so they are prepare progression to further studies. Sport and physical activity play a big part in leading healthy lifestyles. Aswell as being fun and enjoyable, taking part in exercise can also lead to stress reduction.					
	KS3	In KS3 students are able to build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. They should understand what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.					
	KS1/2 links	In KS1/2 students apply and develop a broad range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.					





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Big Qs Linked to NC	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 11	Component 3 - Developing	Component 3 - Developing	Component 3 - Developing	Component 3 - External		
	Fitness to Improve Other	Fitness to Improve Other	Fitness to Improve Other	Synoptic		
	Participants Performance in	Participants Performance in	Participants Performance in	Symoptic		
	Sport and Physical Activity	Sport and Physical Activity	Sport and Physical Activity			
HPL	Confident	Big Picture Thinking	Big Picture Thinking	Self Regulation		
	Big Picture Thinking	Seeing Alternative Perspectives	Generalisation	Speed and Accuracy		
Key	AO1 Demonstrate knowledge	AO2 Demonstrate an	AO3 Apply an understanding	AO4 Make connections with		
Knowledge,	of facts, components of	understanding of facts,	of facts, components of	concepts, facts, components		
Concepts	fitness, fitness tests, training	components of fitness, fitness	fitness, fitness tests, training	of fitness, fitness tests,		
and skills	methods/processes/principles	tests, training	methods/processes/principles	training		
	in relation to improving	methods/processes/principles	in relation to improving	methods/processes/principles		
	fitness in sport and exercise	in relation to improving	fitness in sport and exercise	in relation to improving		
		fitness in sport and exercise		fitness in sport and exercise		
Feedback &	Forms Quiz Starters	Forms Quiz Starters	Forms Quiz Starters			
Assessment	Sample Assessment Material	Sample Assessment Material	Sample Assessment Material	Pearson External Assessment		
	PSA Sample Material	PSA Sample Material	PSA Sample Material			
	Regular Homestudy	Regular Homestudy	Regular Homestudy			
		Practice Exam Questions	Practice Exam Questions			
	PSA set assignment WINDOW					
Year 10	Component 2 -	Component 2 -	Component 2 -	Component 1 -	Component 1 -	Component 1 -
	Taking Part and Improving	Taking Part and Improving	Taking Part and Improving	Preparing Participants to Take	Preparing	Preparing
	Other Participants Sporting	Other Participants Sporting	Other Participants Sporting	Part in Sport and Physical	Participants to	Participants to
	Performance	Performance	Performance	Activity	Take Part in Sport	Take Part in Sport
					and Physical	and Physical
					Activity	Activity
HPL	Enquiring	Enquiring	Big Picture Thinking	Big Picture Thinking	Self Regulation	Resilience
	Connection Finding	Connection Finding	Self Regulation	Self Regulation	Meta-Cognition	Connection Finding
Key	Learning outcome A:	Learning Outcome B:	Learning Outcome C:	Learning outcome A: Explore	Learning outcome	Learning outcome
Knowledge,	Understand how different	Be able to participate in sport	Demonstrate ways to	types and provision of sport	B: Examine	C:
Concepts	components of fitness are	and understand the roles and	improve participants sporting	and physical activity for	equipment and	Be able to prepare
and skills	used in different physical	responsibilities of officials	techniques.	different types of participant	technology	participants to
	<mark>activities</mark>				required for	take part in sport
					participants to use	and physical
					when taking part	activity.

					in sport and physical activity	
Feedback & Assessment	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy PSA set assignment WINDOW	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular
Year 9	How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?	How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?	How do we get students to develop their technique and improve their performance in other competitive sports and how do we get them to perform dances using advanced dance techniques within a range of dance styles and forms?	How do we get students to develop their technique & improve their performance in other competitive sports & how do we get them to perform dances using advanced dance techniques within a range of dance styles & forms?	Homestudy How do we get students to develop their technique and improve their performance in other competitive sports?	Homestudy How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?
	Football Netball Volleyball Basketball Handball	Football Netball Volleyball Basketball Handball	Dance Gymnastics Fitness Badminton	Dance Gymnastics Fitness Badminton	Athletics	Ultimate Frisbee Rounders Cricket
HPL	Collaborative Connection Finding	Collaborative Connection Finding	Practice Big Picture Thinking	Confident Collaborative Resilience Speed and Accuracy	Speed and Accuracy Confident	Self-Regulation Resilience
Key Knowledge, Concepts and skills	Outwitting Opponents/ Accurate Replication	Outwitting Opponents/ Accurate Replication	Exploring & Communicating/ Exercising Safely and Effectively	Exploring & Communicating/ Exercising Safely and Effectively	Performing at Max Levels/Accurate Replication	Outwitting Opponents /Identifying & Solving/Accurate Replication
Feedback & Assessment	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1 Assessment Booklet x1 Sports	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1 Assessment Booklet x1 Sports	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1 Assessment Booklet x1 Sports	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1 Assessment Booklet x1 Sports	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1

					Assessment Booklet x1 Sports EOY Practical Exam	Assessment Booklet x1 Sports
Year 8	How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?	How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?	How do we get students to develop their technique and improve their performance in other competitive sports and how do we get them to perform dances using advanced dance techniques within a range of dance styles and forms?	How do we get students to develop their technique & improve their performance in other competitive sports & how do we get them to perform dances using advanced dance techniques within a range of dance styles & forms?	How do we get students to develop their technique and improve their performance in other competitive sports?	How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?
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Feedback & Assessment	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports EOY Practical Exam	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports

Year 7	How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?	How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?	How do we get students to develop their technique and improve their performance in other competitive sports and how do we get them to perform dances using advanced dance techniques within a range of dance styles and forms?	How do we get students to develop their technique & improve their performance in other competitive sports & how do we get them to perform dances using advanced dance techniques within a range of dance styles & forms?	How do we get students to develop their technique and improve their performance in other competitive sports?	How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?
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Substantive and disciplinary knowledge in PE

Substantive knowledge in PE is based on deliberate practice and development of specific skills that can be used in a variety of disciplines, sports and games e.g.

Running, jumping, throwing and catching

Tactics within a team game e.g. strategies for attacking and defending

Being able to perform specific actions, balances and movements in line with year group expectations.

Disciplinary knowledge in PE comes through opportunities for the students to choose and apply their own actions, balances, movements and skills. Once they have mastered the specific skills, they have opportunities to apply these within sports and games and therefore have to choose different strategies and the best way to approach different challenges. As they move through school, their skills and knowledge around tactics become more complex and they have to work collaboratively to make decisions. There are lots of opportunities for the children to evaluate their performances and reflect on how they will improve next time.

Knowing What (Declarative Knowledge) v Knowing How (Procedural Knowledge)

e.g. Knowing which pass to use and knowing how to use it in a game.

Key:

Key Concepts

EDI

Assessment

Careers

HPL