



The World Health Organisation (WHO) definition of health.

BTEC LEVEL 3 EXTENDED DIPLOMA in HEALTH and SOCIAL CARE Students' guide to starting the course

Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.



Pearson BTEC Level 3

National Extended Diploma in Health and Social Care

1080 GLH

Equivalent in size to three A Levels. 13 units of which 8 are Mandatory and 4 are external.

Mandatory content (72%).

External assessment (42%).

This qualification has been designed to be the only qualification in a two-year, full-time study programme; it is an in-depth study of the health and social care sector. It supports progression to health and social care related degrees.

Who is this qualification for?

The Pearson BTEC National Extended Diploma in Health and Social Care is intended as an applied general qualification. It is for post-16 learners who want to continue their education through applied learning and who aim to progress to higher education and ultimately to employment in the health and social care sector. The qualification is equivalent in size to three A Levels.

The qualification develops a deep common core of knowledge, understanding and skills in the sector through mandatory content. It allows learners to focus on a particular aspect of the sector through a selection of optional units.

No prior study of the sector is needed, but learners should normally have a range of achievement at Level 2 in GCSEs or equivalent qualifications.

We require students to have achieved Grade 4/5 C in English and Grade 4/5 C Maths GCSE (and advise a grade 5 B Science GCSE or the equivalent Merit grade for BTEC L2).



Health and Social Care

What does this qualification cover?

The content of this qualification has been developed in consultation with higher education to ensure it supports progression to higher study. Employers and professional bodies have also been involved in order to confirm that the content is also appropriate for those interested in working in the sector.

Learners taking this qualification will study 13 units in total (eight mandatory units plus 5 optional units). Mandatory Units are:

- Unit 3 - **Anatomy and Physiology for Health and Social Care (external assessment in Jan. of 2nd year of course)**
- Unit 1 - **Human Lifespan Development (external assessment in May / June of 1st year of the course)**
- Unit 2 - **Working in Health and Social Care (external assessment in May / June of 1st year of the course)**
- Unit 5 - **Meeting Individual Care And Support Needs (internally assessed unit)**
- Unit 7 - **Principles of Safe Practice in Health and Social Care (internally assessed unit)**
- Unit 4 - **Enquiries into Current Research in Health and Social Care (externally assessed research topic in 2nd year of the course)**
- Unit 8 - **Promoting Public Health (internally assessed unit)**
- Unit 6 - **Work Experience in Health and Social Care. (internally assessed unit – completed over 2 years and to include submission of signed, completed log book)**

To develop a better understanding of the demands of the sector to demonstrate their commitment and interest in the sector when applying for further study, learners are required to undertake a **minimum of 100 hours' of work experience** as part of the course and for learners to complete a log book as evidence of skills and experience)

Learners will also study **five "optional units"** from their chosen pathway.

Optional units in the general pathway include:

- Unit 10 - **Sociological Perspectives**
- Unit 11 - **Psychological Perspectives**
- Unit 12 - **Supporting Individuals with Additional Needs**
- Unit 19 - **Nutritional Health**
- Unit 14 - **Physiological Disorders and their care**
(• Caring for Individuals with Dementia)
(• Assessing Children's Development Support Needs.)



What could this qualification lead to?

This qualification is the main focus of a two-year study programme of learning and is equivalent to three A Levels, meaning that learners will be fully prepared for a range of health and social care degree programmes.

The qualification is intended to carry UCAS points and is recognised by higher education providers as contributing to meeting admission requirements to many relevant courses, for example:

- BSc (Hons) in Nursing
- BA (Hons) in Social Work
- BSc (Hons) in Physiotherapy
- BSc (Hons) in Occupational Therapy
- BSc (Hons) in Speech Therapy
- BA (Hons) in Health and Social Care.



External assessment

This is 42% of the total qualification.

Unit 1: Human Lifespan Development

- Written exam set and marked by Pearson.
- 1.5 hours.
- 90 marks.

Jan and May/June

May 2020 for yr. 12 (retake possible Jan 2021)



Unit 2: Working in Health and Social Care

- Written exam set and marked by Pearson.
- 1.5 hours.
- 80 marks.

Jan and May/June

May 2020 for yr. 12

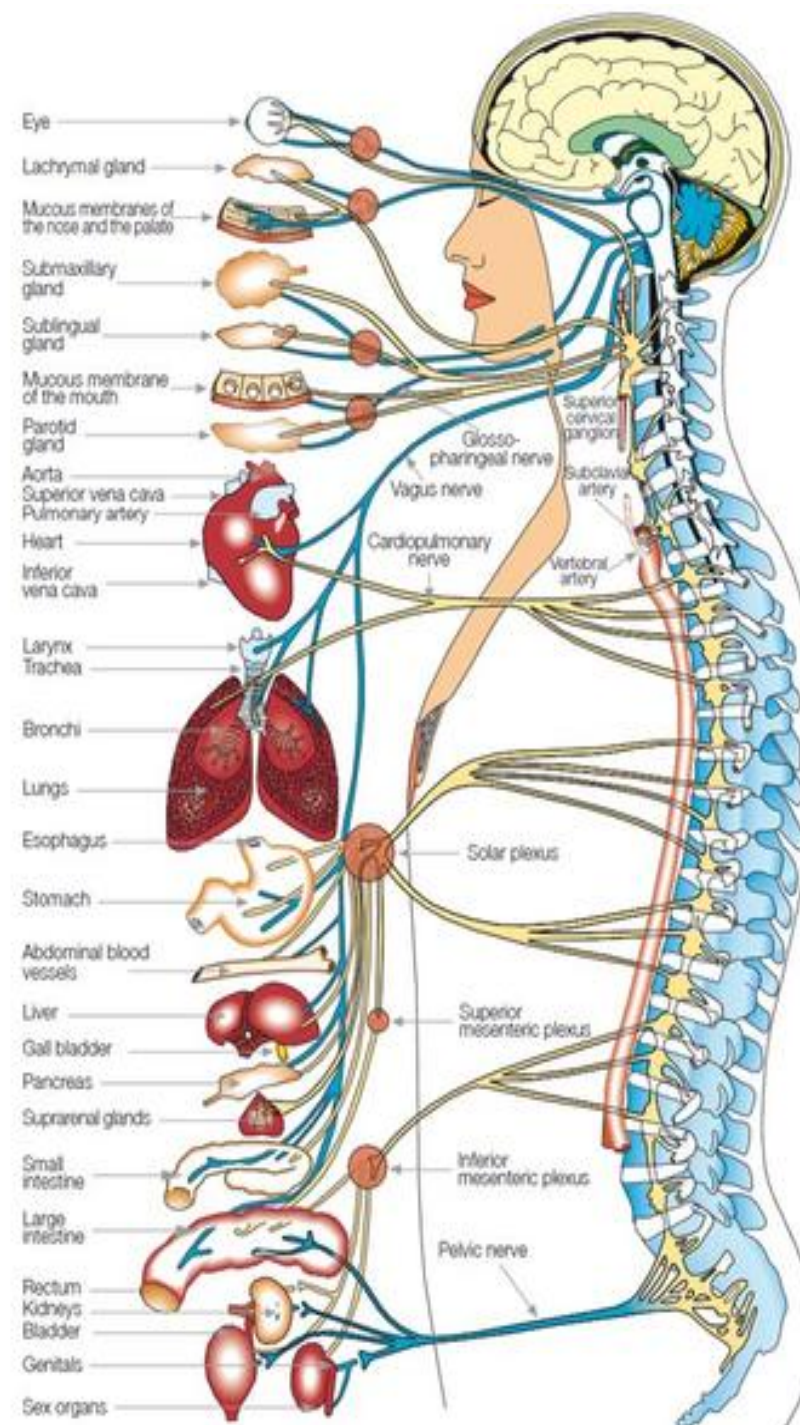
(retake possible Jan 2021)



Unit 3: Anatomy and Physiology for Health and Social Care

- Written exam set and marked by Pearson.
- 1.5 hours.
- 90 marks.

Jan and May/June
January 2020 (retake possible May 2020)
for year 13 students
January 2021 (retake possible May 2021)



VERTEBRAE	AREAS AND PARTS OF THE BODY	POSSIBLE SYMPTOMS	
CERVICAL			
C 1	• Back of the head	Headaches (including migraines, aches or pain at the back of the head, behind the eyes or in the temples, tension across the forehead, throbbing or pulsating discomfort at the top or back of head)	
C 2	• Various areas of the head		
C 3	• Side and front of the neck	Jaw muscle, or joint aches or pains	
C 4	• Upper back of the neck		
C 5	• Middle of neck and upper part of arms	Dizziness, nervousness, vertigo	
C 6	• Lower part of neck, arms and elbows		
C 7	• Lower part of arms, shoulders	Soreness, tension and tightness felt in back of neck and throat area	
DORSAL			
D 1	• Hands, wrists, fingers, thyroid	Pain, soreness, and restriction in the shoulder area	
D 2	• Heart, its valves and coronary arteries		
D 3	• Lungs, bronchial tubes, pleura, chest	Pain and soreness in arms, hands, elbows and/or fingers	
D 4	• Gall bladder, common duct		
D 5	• Liver, solar plexus	Chest pains, tightness or constriction asthma, difficulty breathing	
D 6	• Stomach, mid-back area		
D 7	• Pancreas, duodenum	Middle or lower mid-back pain, discomfort and soreness	
D 8	• Spleen, lower mid-back		
D 9	• Adrenal glands	Various and numerous symptoms from trouble or malfunctioning of: - Thyroid - Heart - Lungs - Gall bladder - Liver - Stomach - Pancreas - Spleen - Adrenal glands - Kidneys	
D 10	• Kidneys		
D 11	• Uterus		
D 12	• Small intestine, upper/lower back		
LUMBAR			
L 1	• Ileocecal valve, large intestine		- Small and large intestines - Sex organs - Uterus - Bladder - Prostate glands
L 2	• Appendix, abdomen, upper leg		
L 3	• Sex organs, uterus, bladder, knees	Low back pain, aches and soreness	
L 4	• Prostate gland, lower back		
L 5	• Sciatic nerve, lower legs, ankles, feet	Trouble walking	
SACRO			
	• Hip bones, buttocks	Leg, knee, ankle and foot soreness and pain	
COXIS			
	• Rectum, anus	Rectal trouble	

Unit 4: Enquiries into Current Research in Health and Social Care

- A task set and marked by Pearson and completed under supervised conditions.
- Learners will be given a choice of two articles (Part A) six weeks prior to a supervised assessment period in order to carry out research.
- The supervised assessment period (Part B) is a maximum of 3 hours.
- Written submission.
- 65 marks.

January 2020 for yr. 13 students (retake possible May 2020)

January 2021 (retake possible May 2021)

Internal Assessments are:

- **Unit 5 - Meeting Individual Care And Support Needs (internally assessed unit)**
- **Unit 7 - Principles of Safe Practice in Health and Social Care (internally assessed unit)**
- **Unit 4 - Enquiries into Current Research in Health and Social Care (externally assessed research topic in 2nd year of the course)**
- **Unit 8 - Promoting Public Health (internally assessed unit)**
- **Unit 6 - Work Experience in Health and Social Care. (internally assessed unit – completed over 2 years and to include submission of signed, completed log book)**
- **Unit 10 - Sociological Perspectives**
- **Unit 11 - Psychological Perspectives**
- **Unit 12 - Supporting Individuals with Additional Needs**
- **Unit 19 - Nutritional Health**
- **Unit 14 - Physiological Disorders**

For internal **Assessments** you are given a date for the issue of an assignment brief a date for handing in the completed assignment.

Students should aim to compete all tasks to Distinction level and achieve this standard on first submission.

There is the possibility of **resubmission** but this is at the discretion of the Head of Faculty who must sign the Assessment Record to allow this.

Students are not allowed a resubmission if work is handed in after the hand in date. Also students can only resubmit work that has already been attempted. For example it is not possible to achieve a merit or distinction on resubmission if only pass criteria have been attempted on the first submission.

Maximum time allowed for resubmission is 15 working days from feedback to students on the original submission.

All students work must be their own (Sources must be given in a **Bibliography** and items from websites and books must be clearly **referenced** to show where they came from). **Plagiarism** will result in students forfeiting all grades for the subject and may result in all other exam grades for that season being forfeited.

An agreement will be signed by each student at the start of the course to ensure that they agree to submit only their own work. Also a separate **Learner Assessment Submission Declaration** must be signed for each internally assessed assignment. Plagiarism / copying / cheating is taken seriously and will not be allowed.

Assessment of your Learning Statement.

Plagiarism means claiming work to be your own which has been copied from somewhere or someone else. All work you submit must be your own and not copied from anyone else unless you clearly reference the source of your information. If it is discovered that you have copied work from somewhere else your work will not be accepted and the exam board / centre will be notified.

- **I am aware of the seriousness of plagiarism which has been fully explained to me by my teacher**
- **I will make every effort to meet my target grades**
- **I understand that I have full responsibility for my textbooks and that I am expected to return them in good condition at the end of the course. Failure to meet these requirements will result in paying the full cost of the textbook.**
- **I am aware that attendance and punctuality to lessons is a key requirement of the course.**
- **I will meet all homework deadlines, course deadlines and resubmission dates.**
- **Failure to comply with the above statement will jeopardise my remaining on the course**

Student name _____

Signed _____

Date _____

Teachers Signature _____

Date _____

BTEC Course Induction Checklist for students

Read and tick the statements if you agree with them.

I know:

- * the units I will be studying
- * the assignment deadlines
- * how my work will be marked and graded
- * that I will have only one chance to resubmit my assignments after a referral
- * what plagiarism means and that it is wrong
- * the consequences I will face if I commit malpractice
- * any concerns I have regarding my work can be raised during my one to one review session.
- * that I have responsibility for myself as an independent learner

The points above have been discussed with me and I clearly understand them

Name_____

Signature_____

Date_____

Placement

– minimum 100 hours

You will need to find a suitable placement as soon as possible and before the first half term. You can do this with advice from your tutor, and Jackie Plimmer the careers advisor will help you find a place if you need it. Please arrange to see her to find out what places may be available and what is acceptable.

Many placements require a DBS certificate. You must get one.

You will also need to see D. Pear, complete a DBS form on line and bring in the required documents (passport, birth certificate, bank statement with proof of address etc.).

Placement requirements for the Pearson BTEC Level 3 National Foundation Diploma, Diploma and Extended Diploma in Health and Social Care

The requirements for supervised work placements on the BTEC Nationals in Health and Social Care are as follows.

Pearson BTEC Level 3 National Foundation Diploma in Health and Social Care – optional placement of at least 50 hours

Pearson BTEC Level 3 National Diploma in Health and Social Care – optional placement of at least 100 hours.

If you are intending to undertake a work experience placement in either of these qualifications, you must take the optional *Unit 6: Work Experience in Health and Social Care*.

Pearson BTEC Level 3 National Extended Diplomas in Health and Social Care and Health and Social Care (Health Studies) – mandatory placement of at least 100 hours.

Unit 6: Work Experience in Health and Social Care is a mandatory unit in this qualification.

You can carry out your hours in one or more work experience placement settings.

Appropriate settings include:

- * care homes
- * day-care centres
- * nursing homes
- * hospitals
- * GP surgeries
- * day clinics
- * children's centres
- * special educational needs schools.

Other health and social care settings may also be appropriate.

If you are taking the Level 3 Extended Diploma endorsed pathway in Health Studies, you may **not** undertake any part of your work experience in early years' settings such as nurseries or playgroups.

Learners taking the following qualifications may spend up to **ten per cent** of their work experience hours at an early years' setting. However, they must spend their remaining hours at another appropriate health or social care setting:

Pearson BTEC Level 3 Foundation Diploma in Health and Social Care

Pearson BTEC Level 3 Diploma in Health and Social Care

Pearson BTEC Level 3 Extended Diploma in Health and Social Care.

Each work placement that you carry out must include a minimum of **one** observational visit from a teacher on your course.

Your teacher and work placement supervisor must record **Each** visit on Forms HSC AG 6 and 7– Work Placement Supervisor/Teacher Observation Visit Report under the appropriate conditions.

Health and Social Care Placement (BTEC L3 Diploma) Contract

During your Health and Social Care Diploma course you will be required to complete at least 100 hours of work placement, which could be in a variety of Health and Social Care related settings. You will need to complete a log book and provide evidence for completion of Unit 6 – Personal and Professional Development in Health and Social Care.

You may attend placements whilst completing the Subsidiary Diploma. The experience is important and may help you to more effectively complete the units for this qualification. It is also advised that you keep a log as a record and evidence of your placements.

These placements will be organised by yourself and you will need to give details of **ALL** placements to the Academy (Mrs J Plimmer) at least a week before starting your placement. She can be found in the office in the main building if you have any queries.

Guidance and Expectations

- We expect all students to attend their placements on the given dates
- Each student must phone their work placement supervisor before their placement starts to discuss and confirm any requirements
- If a student is genuinely ill during their work placement they need to contact the work placement before the expected start time on the day and inform them AND call the 16+ office and inform them as well
- Medical appointments such as opticians or doctors' appointments should be made outside of the work placement hours

- Adhere to the policies and procedures of the setting to ensure that high standards are maintained and review them regularly with staff.
- Students should never be: left unsupervised whilst caring for children, take children for toilet visits unless supervised by registered staff, change nappies whilst unsupervised, be left unsupervised during outdoor play, be left alone in a room with children, administer medication and administer first aid. Whilst ensuring all the above are adhered to, we still recognise that it is vital that you are made to feel part of the team and participate fully where appropriate.
- *Abstain from any physical contact* with the children; inform staff of any situations you come across that require their attention.
- Students must maintain a good standard of personal hygiene as this ultimately prevents the spread and development of germs, infections, illnesses and bad odours. Ensuring that you are clean and well-presented projects a positive image to the children / colleagues who will be more relaxed and have more confidence in you as a practitioner.
- Clothing portrays a professional image to potential employers, people you work with, the public, children, visitors, parents and colleagues so smart dress should be worn at all times. The wearing of clothing that has arisen from religious beliefs will in most circumstances be respected, providing that health and safety standards are still upheld.
- Each placement will be contacted frequently and visits will be arranged to come and observe.

Please remember that you are representing yourself, your family and the Academy. Fantastic first impressions really matter. You are expected to be punctual, polite, and enthusiastic throughout each of your placements.

Be professional, be safe, and observe policies and procedures of the placement.

Please sign below to show that you understand the expectations of you regarding each work placement.

Student Date

Parent/guardian Date

Teacher..... Date

You need to pass all Units - internal assignments Units and external exams Units - to get a grade for BTEC L3 Extended Diploma in Health and Social Care.

[If you do not get a pass in the external exams it is still possible to get a grade if you are within the N grade (near grade) margin. This margin varies depending on the particular exam.]

Good Luck with BTEC Health and Social Care Extended Diploma Level 3

PJB