



**KING EDWARD VI
HANDSWORTH WOOD
GIRLS' ACADEMY**

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**KING EDWARD VI
ACADEMY TRUST
BIRMINGHAM**

24 September 2018

Dear Parent/Carer,

As part of the school's Personal, Social and Health Education programme your daughter/s will receive lessons on relationships, sexual health and puberty.

The purpose of Sex and Relationship Education is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The key aims of SRE are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- 2 Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

The SRE programme includes short video clips, power point presentations and group discussions. All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner. The SRE programme is delivered through PSHCCE lessons, Citizenship Days and science lessons. SRE taught in science lessons is part of the statutory national curriculum.

Parents have the right to withdraw their daughter/s from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the schools sex and relationships education programme please write to me with your reasons.

Yours sincerely

J. Humpherson

Mrs J Humpherson – Deputy Headteacher - Director of Student Welfare

Headteacher: Ms Nicola Walters BA (Hons), PGCE, NPQH

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